

#RegionIIIYouthToday

RISK BEHAVIOR OF YOUNG PEOPLE IN CENTRAL LUZON

PART 2

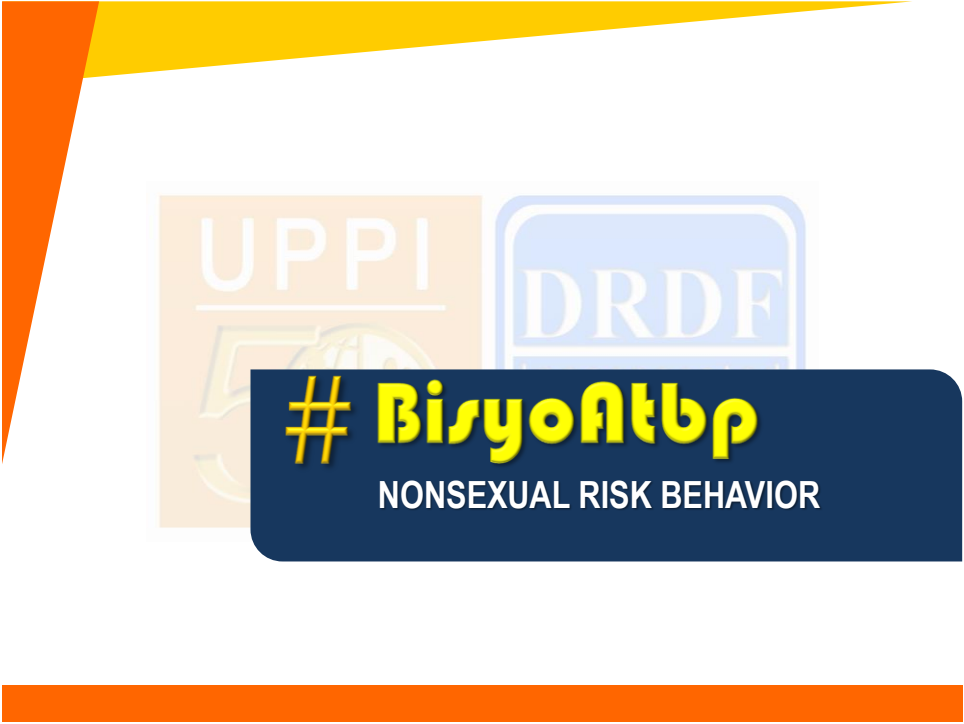


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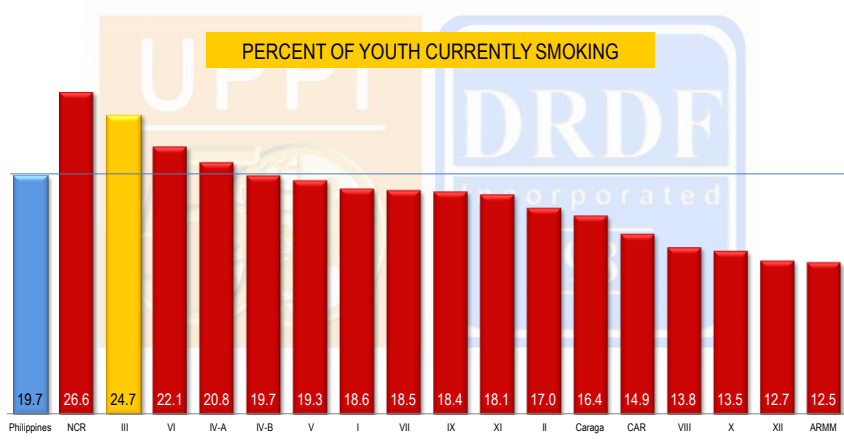
OUTLINE

Part 2

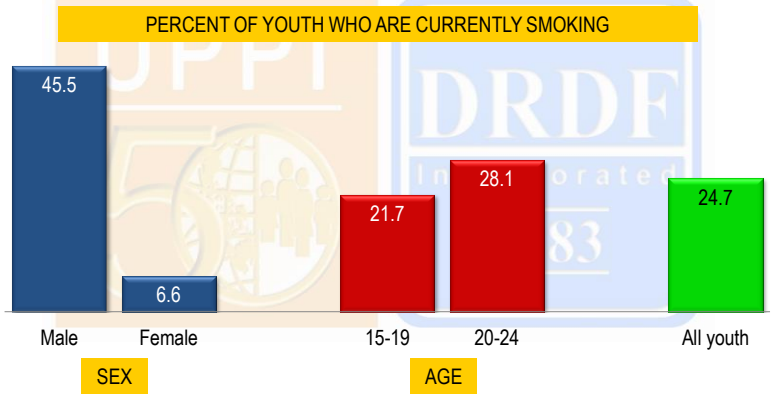
- Nonsexual risk behaviors
- Sources of information about sex and reproduction
- Summary



Proportion of Region III youth who are currently smoking is the second biggest in the country

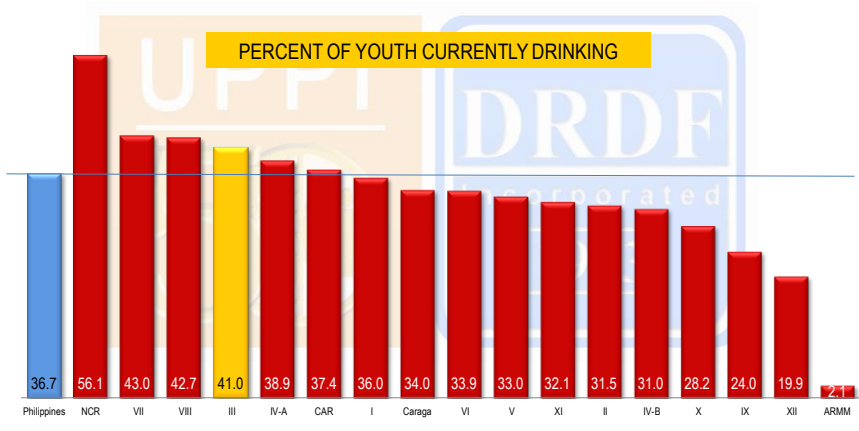


More males and older young people are currently smoking



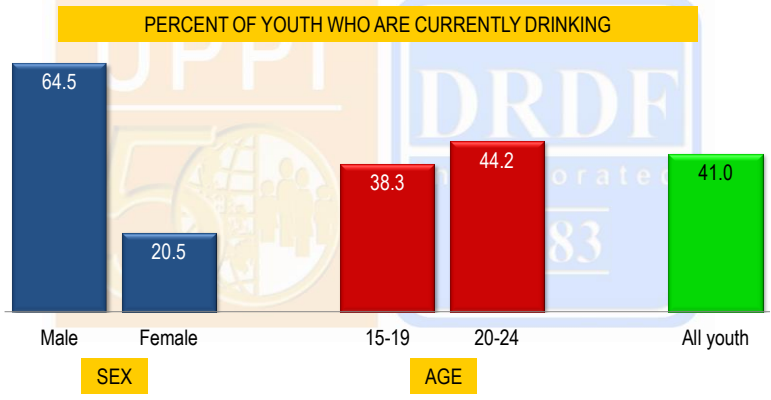
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2 out of 5 Region III youth are currently drinking



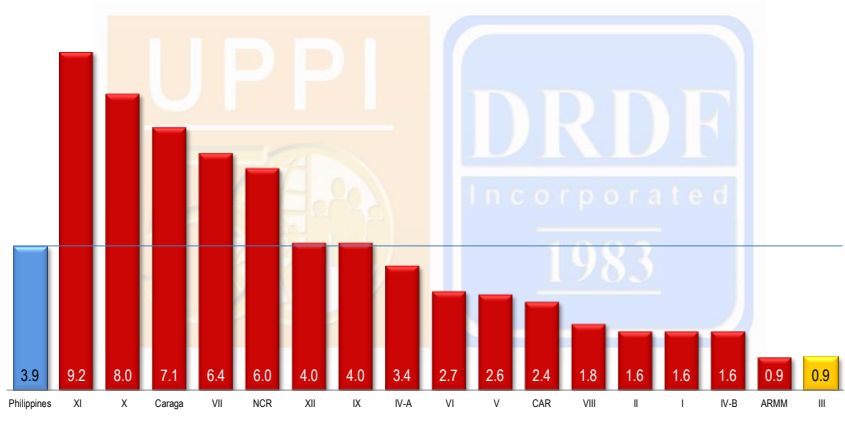
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More males and slightly more older young people in the region are currently drinking



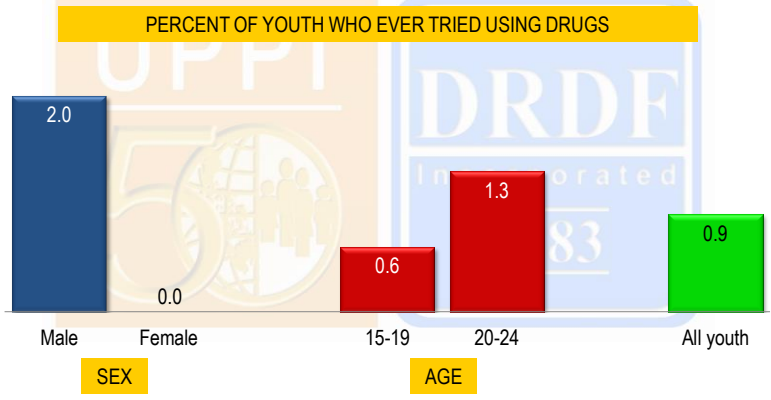
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Moreover, Region III has the least proportion of youth who ever used drugs



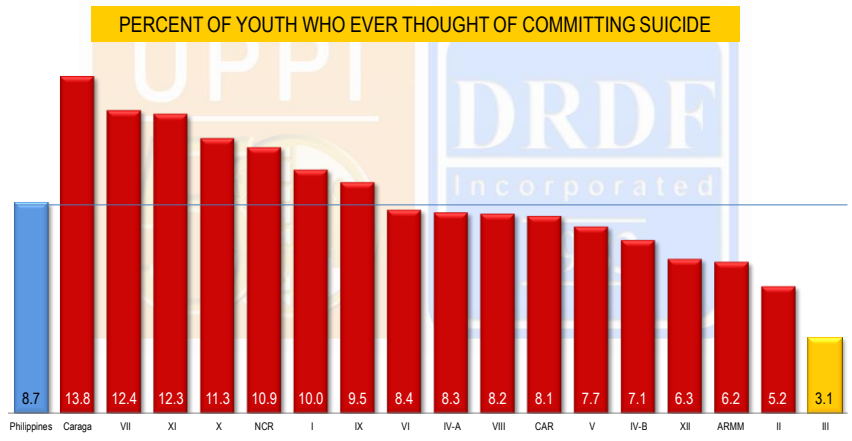
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Those who have ever tried using drugs are males; more young people (20-24) ever tried using drugs



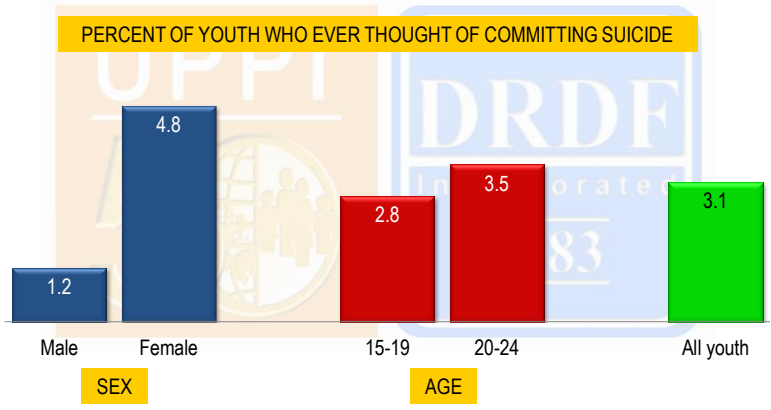
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Region III youth have the least proportion who thought of committing suicide



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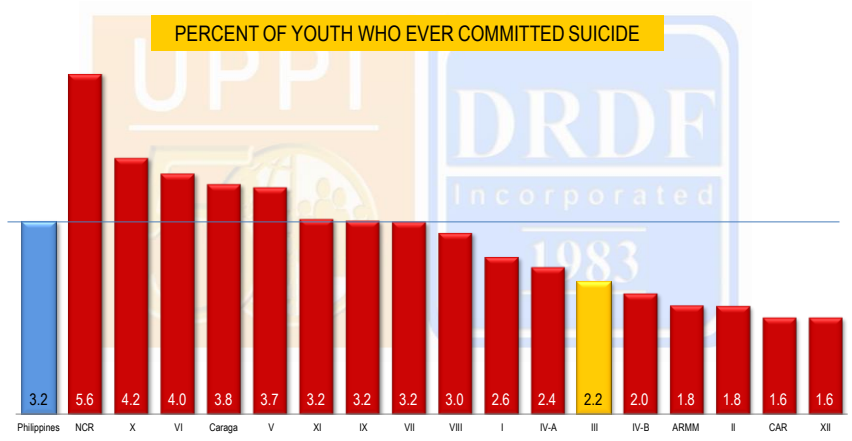
More females and more older youth in the region ever thought of committing suicide



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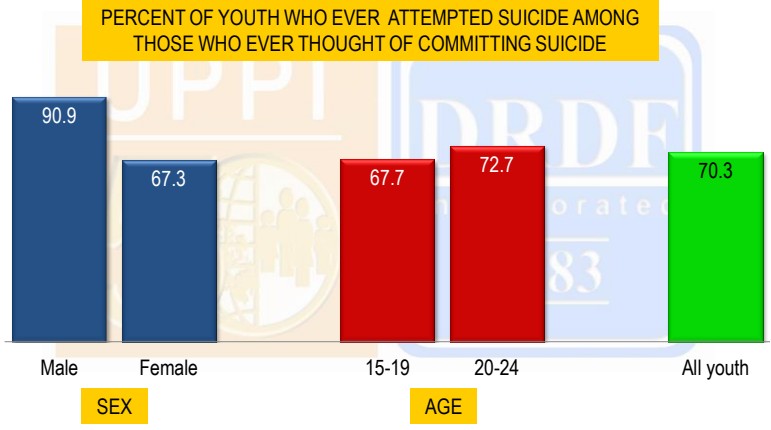
2.2% of Region III youth ever attempted suicide



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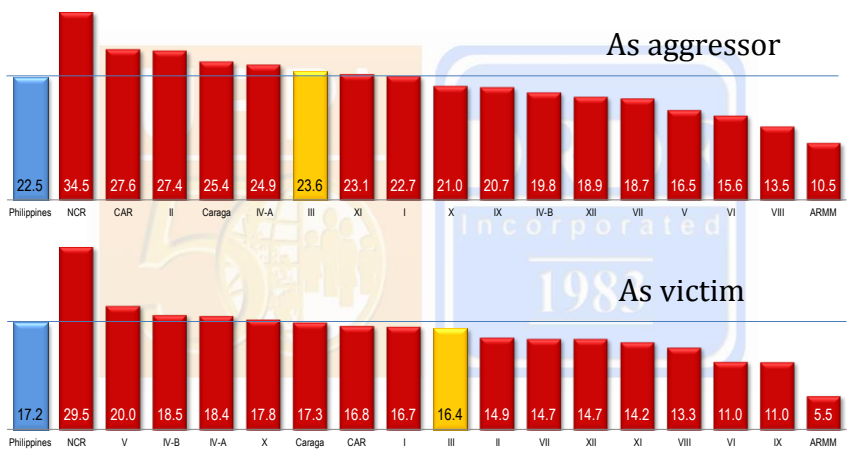
**7 in 10 youth tried to commit suicide
(among those who ever thought of committing suicide)**



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Proportion of Region III youth who have been aggressors of violence is above the national average; the proportion of victims is considerably less

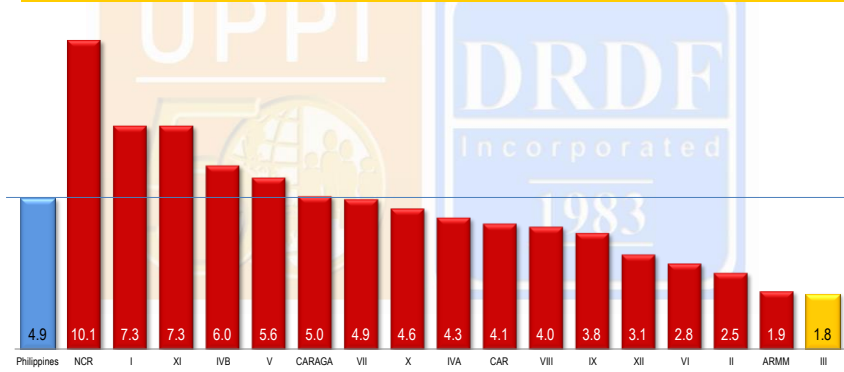


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The region also has the least proportion of youth who experienced harassment with the use of technology

PERCENT OF YOUTH WHO EXPERIENCED HARASSMENT WITH THE USE OF TECHNOLOGY

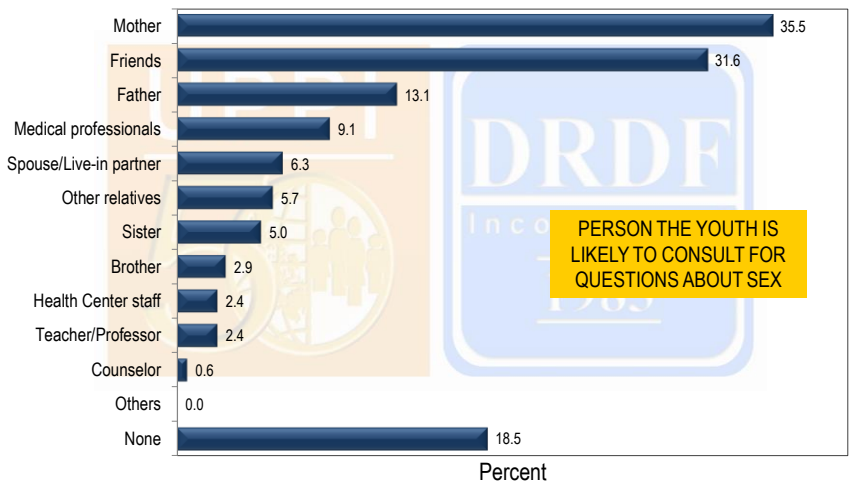


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UsapangSex
SOURCES OF INFORMATION ABOUT SEX

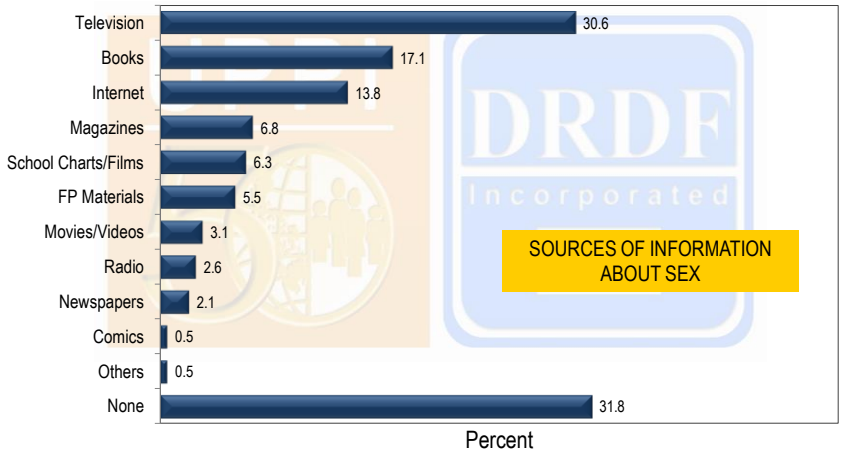
Most Region III youth would consult their mothers and friends if faced with questions about sex; Nearly 1 in 5 will consult no one



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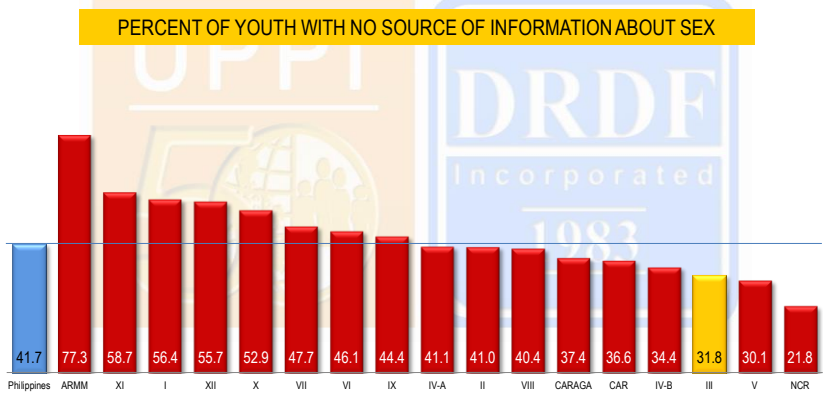
TV and books are the most popular sources of information about sex; More than 1 in 4 Region III youth have no source of information about sex



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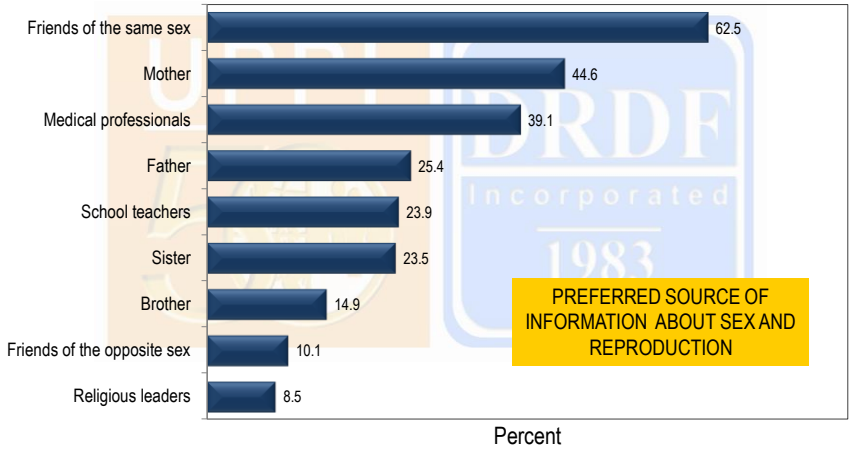
Nearly 1 in 3 Region III youth reported that they do not have any source of information about sex



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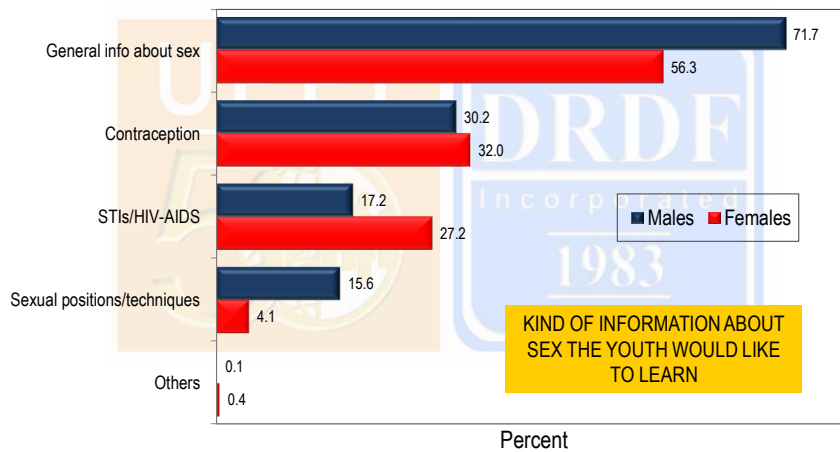
Friends of the same sex, mothers and medical professionals are Region III youth's most preferred sources of information about sex and reproduction



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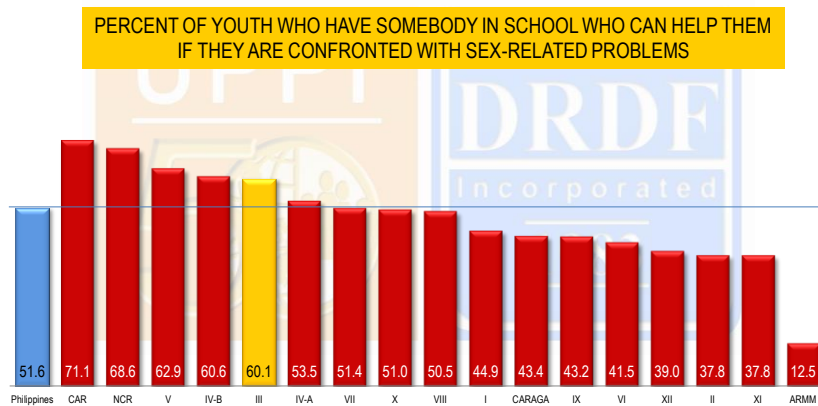
Region III youth would like to learn general information about sex the most; More females than males would like to learn about contraception



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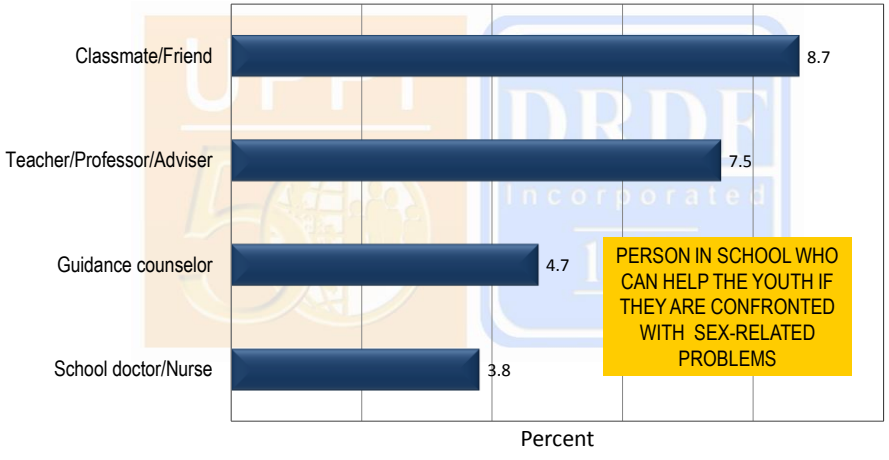
3 in 5 Region III youth reported that there is somebody in school who can help them if they have any sex-related problem



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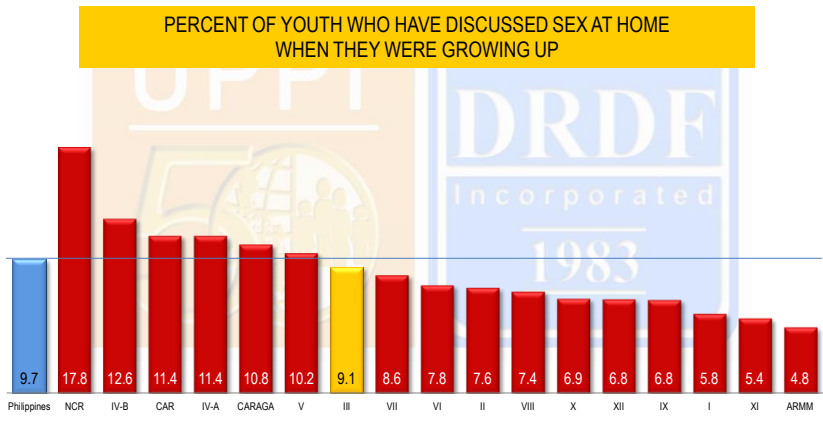
Most Region III youth identified their classmates/friends as the persons who can help them if they have any sex-related problem



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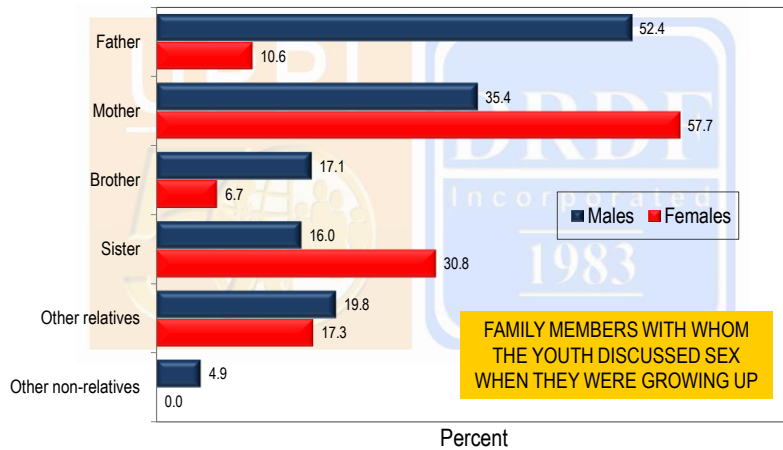
Less than 1 in 10 Region III youth have discussed sex at home when they were growing up



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Most discussions of sex at home are between fathers and sons, mothers and daughters



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SUMMARY

Non-sexual risk behaviors of Region III youth

- % who are smoking and drinking is above the national average:
 - currently smoking (24.7%)
 - currently drinking (41.0%)
- But % who ever used drugs is the lowest in the country
 - Ever used drugs (1.6%)
- With the least proportion who ever thought of committing suicide (0.9%)
- 2.2% ever attempted suicide

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SUMMARY

Sources of information about sex of Region III youth

- Most young people rely on TV, books, and the internet for information about sex
- Friends (particularly of the same sex) and Mothers are the persons they will turn to if they have questions about sex or confronted with any sex-related problem
- 2 in 5 Region III youth would also like to learn about sex and reproduction from medical professionals
- The substantial proportions of Region III youth who rely on themselves for information about sex is a cause for concern
- Very little discussion of sex at home
 - Most discussions of sex at home transpire between fathers and sons, and mothers and daughters

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ThankYou!

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